The following Parks within the City of Franklin have marked and measured walking trails available for general use.

- **Pinkerton**: 405 Murfreesboro Rd
  1 mile trail with fitness course.  
  **Surface**: Paved

- **Winstead Hill**: 4023 Columbia Ave
  3/4 mile trail.  
  **Surface**: Paved

- **Eastern Flank Battle Park**: 1343 Carnton Lane
  2.0 mile course. Cart paths of former golf course. **Surface**: Concrete

- **Aspen Grove Park**: 3200 Aspen Grove Dr.
  1.3 mile trail.  
  **Surface**: Paved.

- **Jim Warren Park**: 705 Boyd Mill Ave.
  2 1/4 mile course.  
  **Surface**: Paved

- **The Park at Harlinsdale Farm**: 239 Franklin Rd.
  1 1/4 to 4 miles courses.  
  **Surface**: Natural Turf

- **Nissan Trail**: Carothers and McEwan
  2.3 mile loop around Nissan Corporate  
  **Surface**: Asphalt/Concrete

- **Liberty Park**: 2098 Turning Wheel Ln
  Disc Golf Wooded Area Trails and 1/2 mile loop road